

South West League - Braunton

Sunday 5th July

U-13 Girls

				<u>Team Positions</u>		
				Pos.	Team	Pts.
100m	5th	Jade Simson	14.7s			
				1st	Mendip	87
1500m	1st	Poppy Tank (Plymouth AC)	5.28.0	2nd	Exeter	67
	4th	Natasha Duncan	5.56.10	3rd	Armada	51
Javelin	2nd	Jade Simson	24.20m			
	3rd	Natasha Duncan	13.00m			

U-13 Boys

				<u>Team Positions</u>		
				Pos.	Team	Pts.
100m	1st	Karl Underwood (Plymstock RR)	13.0s			
	3rd	Matthew Neyly-Opie (Plymouth AC)	14.4s	1st	Armada	125.5
	7th	Alan Heywood	16.0s	2nd	Mendip	77.5
				3rd	North Devon	65
200m	1st	Karl Underwood (Plymstock RR)	27.2s			
	6th	Peter Jarman (Tavistock)	33.7s			
	7th	James Blackford (Tavistock)	34.6s			
1500m	2nd	Sam Lane De Cortin (Plymouth AC)	5.07.2			
	3rd	James Blackford (Tavistock)	5.26.8			
	6th	Peter Jarman (Tavistock)	5.51.4			
Javelin	2nd	Sam Grannell	27.87m			
	4th	Alan Heywood	15.05m			
Long Jump	1st	Karl Underwood (Plymstock RR)	4.44m			
	3rd	Sam Grannell	3.58m			
High Jump	2nd	Sam Lane De Cortin (Plymouth AC)	1.20m			
	3rd	Alan Heywood	1.15m			
	5th	Peter Jarman (Tavistock)	1.10m			
4x100m Relay	1st		61.5s			

U-15 Girls

				<u>Team Positions</u>		
				Pos.	Team	Pts.
100m	7th	Sophie Mason (Plymouth AC)	23.1s			
	8th	Shawna Walsh (Plymouth AC)	24.3s	1st	North Devon	110
				2nd	Mendip	102
1500m	1st	Carrie Robertson-Bell	5.08.2	3rd	Wimborne	79
				4th	Armada	23
4x100m Relay	2nd		57.0s			

U-15 Boys

100m	1st	Paul Wilkinson (Plymouth AC)	11.7s
3000m	3rd	Tom Hansen	13.21.8
High Jump	6th	Tom Hansen	1.25m

Team Positions

Pos.	Team	Pts.
1st	Mendip	101
2nd	Wimborne	79
3rd	North Devon	66
5th	Armada	29

U-17 Men

200m	3rd	Ben Gilbert	25.4s
1500m	3rd	George Speak (Plymouth AC)	4.40.6
Long Jump	3rd	Ben Gilbert	5.27m

Team Positions

Pos.	Team	Pts.
1st	Exeter	88
2nd	Mendip	74
3rd	North Devon	67
5th	Armada	30

Women

100m	5th	Paula Simson	17.0s
	6th	Jayne Reed	18.3s
1500m	2nd	Pam Duncan	6.16.8
	3rd	Jayne Reed	6.20.0
	5th	Angie Handforth	7.27.2
5000m	3rd	Jayne Reed	22.23.4
	5th	Angie Handforth	24.30.2
Discus	6th	Michelle Peters	11.49m
	7th	Jayne Reed	8.66m
Hammer	4th	Pam Duncan	13.08m
	5th	Michelle Peters	11.55m
High Jump	3rd	Michelle Peters	0.90m
4x100m Relay	3rd		78.8s

U-17 W/Women**Team Positions**

Pos.	Team	Pts.
1st	North Devon	144
2nd	Exeter	135
3rd	Armada	96

U-20 Men

400m Hurdles	2nd	Andrew Reed	69.3s
100m	1st	Sam Peters	11.7s
200m	1st	Sam Peters	23.5s
1500m	2nd	Tom Gill (Tavistock)	4.23.0
	3rd	Andrew Reed	4.37.5
5000m	1st	Andrew Reed	17.18.9
Triple Jump	1st	Andrew Reed	10.72m

Men

400m Hurdles	2nd	Graham Reed	65.3s
	5th	Stephen Blackford (Tavistock)	87.0s
100m	5th	Graham Reed	12.9s
	8th	Stephen Blackford (Tavistock)	14.7s
200m	3rd	Graham Reed	26.5s
	6th	Stephen Blackford (Tavistock)	31.1s
1500m	1st	Graham Reed	4.40.5
	2nd	Alan Ryder	4.52.3
5000m	1st	Alan Ryder	17.06.9
	2nd	Mike Hansen	17.42.1
Shot	3rd	Mick Grannell	7.81m
	8th	Stephen Blackford (Tavistock)	5.88m
Javelin	5th	Graham Reed	22.29m
	6th	Mick Grannell	20.33m
Triple Jump	1st	Graham Reed	10.89m
4x100m Relay	1st		49.4s

U-20 M/Men**Team Positions**

Pos.	Team	Pts.
1st	Armada	218
2nd	North Devon	148
3rd	Mendip	131

Commiserations to Mick Grannell who slipped and fell, fracturing his arm, whilst taking part in the javelin in the appalling weather conditions at Braunton. We all wish him a speedy recovery.

Mick is a stalwart member of our track and field team.

Overall Positions After 3 Meetings

		League Pts	Match Pts
1st	Mendip	16	2480.5
2nd	Armada	15	2198
3rd	Exeter	13	2176.5
4th	North Devon	10	1896
5th	Wimborne	6	1397
6th	Poole Runners	3	559