

2009/10 Winter Fixture List

<u>Date</u>	<u>Fixture</u>	<u>Venue</u>	<u>Type</u>	<u>Age Group</u>
OCTOBER				
Sunday 4	Devon Sportshall League	Dawlish	Sportshall	U10 to U15
Sunday 11	Westward League	Plymouth	Cross Country	U11 and over
Sunday 25	Devon Sportshall League	Dawlish	Sportshall	U10 to U15
NOVEMBER				
Sunday 15	Westward League	St Austell	Cross Country	U11 and over
Tuesday 17	West Devon Schools Cross Country	Staddiscombe	Cross Country	Jun/Int/Sen
Sunday 22	Devon Sportshall League (inc. County Champs)	Dawlish	Sportshall	U10 to U15
DECEMBER				
Sunday 6	Westward League (inc. County Champs)	Exeter	Cross Country	U11 and over
Saturday 12	UWIC Grand Prix	Cardiff	Indoor T+F *	U17 and over
JANUARY				
Saturday 9	UWIC Open Meeting	Cardiff	Indoor T+F *	U13/U15/U17
Sunday 10	South West Cross Country Champs	Bicton	Cross Country	U13 and over
	UWIC Grand Prix	Cardiff	Indoor T+F *	U17 and over
Saturday 16	Devon Schools Cross Country Champs	Bideford	Cross Country	Representative
Sunday 17	Westward League	Bideford	Cross Country	U11 and over
Saturday 23	U11 Fun in Athletics Regional Sportshall	Paignton	Sportshall	Representative
FEBRUARY				
Saturday 6	Birmingham Games	Birmingham	Indoor T+F *	U13 and over
Sunday 7	U13/U15 Regional Sportshall	Paignton	Sportshall	Representative
	Birmingham Games	Birmingham	Indoor T+F *	U13 and over
Saturday 13	South West & Midlands Indoor Champs	Birmingham	Indoor T+F *	U13 and over
Sunday 14	Westward League	Bovey Tracey	Cross Country	U11 and over
	South West & Midlands Indoor Champs	Birmingham	Indoor T+F *	U13 and over
	UWIC Grand Prix	Cardiff	Indoor T+F *	U17 and over
Saturday 27	National Cross Country Champs	Leeds	Cross Country	U13 and over
	South West Schools Cross Country Champs	Truro	Cross Country	Representative
Sunday 28	Devon Sportshall League	Dawlish	Sportshall	U10 to U15
MARCH				
Saturday 13	National Inter-Counties Cross Country Champs.	Nottingham	Cross Country	Representative
Sunday 14	Devon Sportshall League	Dawlish	Sportshall	U10 to U15
Saturday 20	English Schools Cross Country Champs.	Manchester	Cross Country	Representative
Sunday 21	Westward League	Redruth	Cross Country	U11 and over

* Indoor Track and Field meetings operate on 'next years' age groups i.e. your age at 31 August 2010.